



saddleback
dermatology laser + cosmetic center

BLU-U
-Appointment Reminder-

We look forward to seeing you for your upcoming BLU-U appointment.

Please notify us upon arrival if you have had any changes in your address or insurance coverage.

- Please arrive on time for your scheduled appointment
- Make sure to bring a hat
- Be prepared to go straight home after procedure and stay inside for 48 hours
- Click [HERE](#) to sign into our patient portal and update any patient form(s) prior to your appointment.
- While face masks are no longer required, we ask that you wear one if you are experiencing symptoms such as cough, fever or other illness. If you currently have COVID-19 or have been in contact with anyone who does, please allow us to reschedule your appointment.

If you need to cancel or reschedule this appointment, please call our office at (949) 770-8115 or text 949-403-6562 at least 24 hours prior to your appointment.

Thank you,
Physicians and the Saddleback Dermatology Laser & Cosmetic Center Staff

Ira Bell, M.D. | Karen G. Benik, M.D. | Azin Meshkinpour, M.D., M.P.H | Kim Tang, M.D.